

## About NA Meetings:

Our meetings vary widely in size and style. Some are small and intimate; others are large and loud. The practices and terms used in our meetings also vary widely from one place to another. Most importantly, our meetings are where we share our experience, strength, and hope.

## Sunday

7am **Wake Up To Reality**  
O/P/NS/WC 38130 6<sup>th</sup> Street East, Palmdale

10am **Sunday Spiritual**  
O/P/NS/WC 38130 6<sup>th</sup> Street East, Palmdale

6pm **Palmdale Recovery Hall**  
O/P/NS/WC 38130 6<sup>th</sup> Street East, Palmdale

7:30pm **Sunday Serenity**  
O/P/NS/WC AV College Science Building,  
Lancaster (Enter Lot B)  
Ave K and 32<sup>nd</sup> Street West

## Monday

7am **Wake Up To Reality**  
O/P/NS/WC 38130 6<sup>th</sup> Street East, Palmdale  
(N of Ave R on 6<sup>th</sup> St. East)

9am **Just For Today**  
O/P/NS/WC St. Paul's Episcopal Church  
502 West Ave K, Lancaster

7pm **Wheel Of Recovery**  
O/T/NS Church of Christ  
1655 E Lancaster Blvd., Lancaster

7pm **Palmdale Recovery Hall**  
O/P/NS/WC 38130 6<sup>th</sup> Street East, Palmdale

7pm **Clubhouse Recovery**  
O/P/NS/  
NC/WC 44445 Sierra Highway,  
Lancaster

7:30pm  
NC/O/P

## Tuesday

7am **Wake Up To Reality**  
O/P/NS/WC 38130 6<sup>th</sup> Street East, Palmdale  
(N of Ave R on 6<sup>th</sup> St. East)

9am **Just For Today**  
O/P/NS/WC St. Paul's Episcopal Church  
502 West Ave K, Lancaster

12 noon **Tuesday Noon Meeting**  
O/P/NS/WC St. Paul's Episcopal Church  
502 West Ave K, Lancaster

6pm **Quest For Serenity**  
C/T/NS  
WC/NC Church of Christ  
ONE HOUR 1655 East Lancaster Blvd., Lancaster

7pm **Extra Mile – Lake Hughes**  
O/P/NS The Rock Inn  
17539 Elizabeth Lake Road,  
Lake Hughes

7pm **Quartz Hill Surrender Group**  
O/P/NS/WC 41843 50<sup>th</sup> Street West,  
Quartz Hill

7pm **Palmdale Recovery Hall**  
O/P/NS/WC 38130 6<sup>th</sup> Street East, Palmdale

7pm **T.R.I.B.E**  
O/P/NS/WC St. Paul's Episcopal Church  
502 West Ave K, Lancaster

## Wednesday

7am **Wake Up To Reality**  
O/P/NS/WC 38130 6<sup>th</sup> Street East, Palmdale  
(N of Ave R on 6<sup>th</sup> St. East)

9am **Just For Today**  
O/P/NS/WC St. Paul's Episcopal Church  
502 West Ave K, Lancaster

6pm **Westside Just for Today**  
O/P/NS/WC 1030 West Ave L-8, Lancaster  
ONE HOUR

7:30 **Life On Life's Terms**  
O/P/NS/WC 17134 East Ave O #104  
Lake Los Angeles

7:30pm **Recovery By Choice**  
O/L/NS/WC St. Paul's Episcopal Church  
502 West Ave K, Lancaster

7:30pm **Mid-Week Retreat**  
O/B/NS/WC St. Stephens Church  
1737 East Ave R, Palmdale

## Thursday

7am **Wake Up To Reality**  
O/P/NS/WC 38130 6<sup>th</sup> Street East, Palmdale  
(N of Ave R on 6<sup>th</sup> St. East)

9am **Just For Today**  
O/P/NS/WC St. Paul's Episcopal Church  
502 West Ave K, Lancaster

12 noon **Back To Basics**  
O/P/NS/WC St. Paul's Episcopal Church  
502 West Ave K, Lancaster

7pm **Quartz Hill Surrender Group**  
O/P/NS/WC 41843 50<sup>th</sup> Street West,  
Quartz Hill

7pm **Above The Bar Book Study**  
O/P/B/NS The Rock Inn  
17539 Elizabeth Lake Road,  
Lake Hughes

7pm **Palmdale Recovery Hall**  
O/P/NS/WC 38130 6<sup>th</sup> Street East, Palmdale  
(N of Ave R on 6<sup>th</sup> St. East)

7:30pm **Seriously Seeking Recovery**  
C/D/NS/WC Church of Christ  
1655 E Lancaster Blvd., Lancaster

## Friday

7am **Wake Up To Reality**  
O/P/NS/WC 38130 6<sup>th</sup> Street East, Palmdale  
(N of Ave R on 6<sup>th</sup> St. East)

9am **Just For Today**  
O/P/NS/WC St. Paul's Episcopal Church  
502 West Ave K, Lancaster

11:30am **Mid-Day No Problem**  
O/P/NS/WC St. Stephens Church  
1737 East Ave R, Palmdale  
(Located in the Rear of Church)

8pm **Palmdale Recovery Hall**  
O/NS/WC/NC 38130 6<sup>th</sup> Street East, Palmdale  
Last Friday SP (N of Ave R on 6<sup>th</sup> St. East)

8pm **Friday Night Speaker Meeting**  
O/SP/NS/WC (Temporary Location)  
St. Paul's Episcopal Church  
502 West Ave K, Lancaster

## Saturday

7am **Wake Up To Reality**  
O/P/NS/WC 38130 6<sup>th</sup> Street East, Palmdale  
(N of Ave R on 6<sup>th</sup> St. East)

9am **Just For Today**  
O/P/NS/WC Alano Club  
ONE HOUR 104 East Avenue K-4, Suite J,  
Lancaster

10am **It All Fits In The Cooker**  
M/C/S 44429 Hanstead Ave, Lancaster

10am **Saturday Morning Women's**  
 W/C/NS/WC **Retreat**  
 FIRST SAT: St. Paul's Episcopal Church  
 POTLUCK 502 West Ave K, Lancaster

4pm **Women in Recovery**  
 W/P/NS/WC 38130 6th Street East, Palmdale  
 (N of Ave R on 6th St. East)

8pm **Straight From The Heart**  
 O/P/NS/L St. Stephens Church  
 1737 East Ave R, Palmdale

\*\*If meeting is dark, please call the 24-hour help  
 line listed on the front of this directory or the PR  
 Chair.\*\*

**Meeting Codes**

SP – Speaker	ST – Step Study
B – Book Study	P – Participation
T – Topic	M – Men's Stag
W – Women's Stag	Y – Youth/Teen Stag
NS – No Smoking	
O – Open (anyone may attend)	
C – Closed (addicts only)	
G/L – Gay/Lesbian	
WC – Wheelchair Access	
NP – No Pets	NC – No Children
L – Literature	B – Business Meeting
E – Candlelight	SS – Spanish

**A Special Reminder...**

We love your pets but unless they are registered and  
 identified as service animals then you cannot bring  
 them to most meetings, particularly at church locations.

**AREA MEETING**

1st Sunday of each month  
 (Except Holidays) 2:00 pm  
 Meets @ The Alano Club  
 104 East Ave K-4, Suite J, Lancaster  
 Chair: Joe P. 661-234-0554  
 Vice-Chair: Diana K. 661.429.8243  
 Secretary: Deb L. 661-537-4794

**H&I COMMITTEE**

4th Thursday of each month  
 7:00 pm, Tarzana Treatment Center  
 44447 10th St. West, Lancaster  
 Chair:

**ACTIVITIES COMMITTEE**

2nd Wednesday of each month at 5:30pm  
 44445 Sierra Highway, Lancaster  
 Chair: John H. 661-429-8245

**PUBLIC RELATIONS**

3rd Saturday of the month at 4:00pm  
 St. Paul's Episcopal Church  
 502 West Ave K, Lancaster  
 Chair: Liz L. 661-266-2200 x.806  
 Website/Directory:  
 Marshall S. 661-816-8188

**CONVENTION COMMITTEE**

3rd Wednesday of each month  
 1937 S. Myrtle Ave, Monrovia  
 Rep: Jerry H. 661-361-8078

**RCM**

Dark

**LITRATURE ORDERS**

Ruben 661-794-3246  
 (for texting your order)

**USE THE PHONE NOT DRUGS**

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

**If you have received this phone list...**

We are welcoming you to our meeting and  
 encouraging you to call if you have a question  
 about the NA program or just need someone to  
 listen. The person you call may not be able to  
 answer your call right away, give you a ride to  
 a meeting, or answer every question perfectly.  
 We are addicts who help each other while we  
 help ourselves to stay in recovery by sharing the  
 message of Narcotics Anonymous.

**Southern  
 Antelope Valley  
 Area**

**NARCOTICS  
 ANONYMOUS**

**April  
 2019**



**S.A.V.A.N.A.**  
**P.O. BOX 5856**  
**Lancaster, CA. 93539**  
**24 hour Helpline**  
**(661) 266-2200**  
 www.sava-na.org

Southern California Regional Helpline:  
 1-800-TODAY NA  
 Regional Spanish Helpline:  
 1-888-622-4672  
 World Service Office  
 P.O. Box 9999  
 Van Nuys, CA. 91409  
 (818) 773-9999