The Tumbleweed



Southern Antelope Valley Area Narcotics Anonymous Newsletter

August7,2011

Spiritual Principal of the Humility

If I am practicing **HUMILITY** I am admitting I am powerless, I am letting others help me, I am accepting my character defects. If I am not practicing **HUMILITY** I am being aggressive, arrogant, boastful, and vain.

Meditation for the Day

A reporter once said to Mother Teresa, "We know that you are doing wonderful and important work with the poor and the dying." Then he asked, "But when you consider just how much suffering and poverty there is in this world, don't you have to admit that all of your efforts are simply a tiny drop in a huge ocean?" Mother Teresa responded, "Yes, my work is just a drop in the ocean." Then she smiled and said, "The ocean is made up of drops. My job is to make sure that my drop is in there." Given the extent of addiction in this world, our own efforts to stay clean and to pass on what we have another suffering addict may seem to quite insignificant. Just know that God is not asking you to rid the world of this disease in all its forms. You are simplv asked to do *your* part for recovery. Every day that you stay clean, the world becomes a better place as there is one less addict out there suffering. If we all do our part, we can create an ocean of hope.

Quote of the month

"Efforts and Courage are not enough without purpose and direction... ~John F. Kennedy

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Prayer for the Day

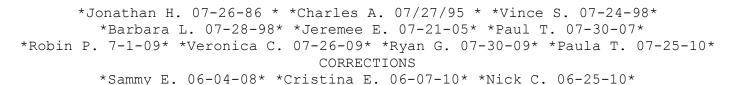
I pray that I will be willing to do my part in decreasing the destruction that this disease is causing our families, friends, and communities. I ask God to use me wherever I am needed to share my experience, strength, and hope with others.

~©Marco Pardo 2011

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N.A. Birthdays



Recovery on the Web

Online Meeting Site www.earthgroupna.org

www.fishingforrecovery.com

www.na.org/wcna

S.A.V.A.N.A. Website www.sava-na.org

Get the newsletter sent to your E mail, send your request to tumbleweed_newsletter@yahoo.com

Service Committees

Area Meeting - 1st Sunday at 2101 E. Palmdale Blvd. at 2:00pm Hospitals & Institutions - 4th Thursday at 44447 10th St. West at 7:00pm Activities - 3rd Wednesday at 2101 E. Palmdale Blvd. at 7pm Phone lines - 3rd Sunday at 339 E. Ave. K-8, #115 at the Lost N Found at 4:00pm Public Relations - 2nd Thursday at 1012 Caperton, Lancaster at 7:00pm Newsletter - 3rd Saturday at 2330 E. Ave J-8 Sp# 184 at 2:00 PM Website - 3rd Sunday at 339 E. Ave. K-8, #115 at the Lost N Found at 4:00pm Policy - 4th Friday at 1326 W. Ave. H-14, Lancaster at 6:00pm Convention - CLOSED

Tumbleweed Staff

Carol D.....Chair/Editor Open....Vice-Chair Lori B....Secretary/Treasurer Sarah A....Columnist

Upcoming Events

SAVANA

"Hot Summer Night"

Cosmic Bowling @ Vista Lanes in Palmdale Saturday August 27th 9PM to 11PM Raffle AFTER the Meeting at Church Christ of the Valley 27th St. E and Ave R 7PM

LOTS of TICKETS FOR SALE

Regional Convention Narcotics Anonymous 32 "Hope Over Fear"

Fri, Sat, Sun, November 25, 26 and 27, 2011 The Southern California

Helpful Info

Tumbleweed Newsletter % S.A.V.A.N.A. P.O. Box 902785 Palmdale, Ca. 93550 24hr Helpline - (661)266-2200 24hr Regional Helpline - (800)863-2962 tumbleweed newsletter@yahoo.com