



The Tumbleweed



Southern Antelope Valley Area Narcotics Anonymous
Newsletter
August 7, 2011

Spiritual Principal of the Humility

If I am practicing **HUMILITY** I am admitting I am powerless, I am letting others help me, I am accepting my character defects.

*If I am not practicing **HUMILITY** I am being aggressive, arrogant, boastful, and vain.*

Quote of the month

"Efforts and Courage are not enough without purpose and direction..."

~John F. Kennedy

Meditation for the Day

A reporter once said to Mother Teresa, "We know that you are doing wonderful and important work with the poor and the dying." Then he asked, "But when you consider just how much suffering and poverty there is in this world, don't you have to admit that all of your efforts are simply a tiny drop in a huge ocean?" Mother Teresa responded, "Yes, my work is just a drop in the ocean." Then she smiled and said, "The ocean is made up of drops. My job is to make sure that my drop is in there." Given the extent of addiction in this world, our own efforts to stay clean and to pass on what we have to another suffering addict may seem quite insignificant. Just know that God is not asking you to rid the world of this disease in all its forms. You are simply asked to do *your* part for recovery. Every day that you stay clean, the world becomes a better place as there is one less addict out there suffering. If we all do our part, we can create an ocean of hope.

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Prayer for the Day

I pray that I will be willing to do my part in decreasing the destruction that this disease is causing our families, friends, and communities. I ask God to use me wherever I am needed to share my experience, strength, and hope with others.

~©Marco Pardo 2011



N.A. Birthdays

*Jonathan H. 07-26-86 * *Charles A. 07/27/95 * *Vince S. 07-24-98*
 Barbara L. 07-28-98 *Jeremee E. 07-21-05* *Paul T. 07-30-07*
 Robin P. 7-1-09 *Veronica C. 07-26-09* *Ryan G. 07-30-09* *Paula T. 07-25-10*
 CORRECTIONS
 Sammy E. 06-04-08 *Cristina E. 06-07-10* *Nick C. 06-25-10*

Recovery on the Web

Online Meeting Site www.earthgroupna.org

www.fishingforrecovery.com

www.na.org/wcna

S.A.V.A.N.A. Website

www.sava-na.org

Get the newsletter sent to your E mail,
send your request to
tumbleweed_newsletter@yahoo.com

Service Committees

Area Meeting - 1st Sunday at 2101 E.
Palmdale Blvd. at 2:00pm
 Hospitals & Institutions - 4th Thursday at
44447 10th St. West at 7:00pm
 Activities - 3rd Wednesday at 2101 E.
Palmdale Blvd. at 7pm
 Phone lines - 3rd Sunday at 339 E. Ave. K-
8, #115 at the Lost N Found at 4:00pm
 Public Relations - 2nd Thursday at 1012
Caperton, Lancaster at 7:00pm
 Newsletter - 3rd Saturday at 2330 E. Ave
J-8 Sp# 184 at 2:00 PM
 Website - 3rd Sunday at 339 E. Ave. K-8,
#115 at the Lost N Found at 4:00pm
 Policy - 4th Friday at 1326 W. Ave. H-14,
Lancaster at 6:00pm
 Convention - CLOSED

Upcoming Events

SAVANA

"Hot Summer Night"

Cosmic Bowling @
Vista Lanes in Palmdale
Saturday August 27th
9PM to 11PM

Raffle

AFTER the Meeting at
Church Christ of the
Valley 27th St. E and
Ave R

7PM

LOTS of TICKETS FOR SALE

Regional Convention
Narcotics Anonymous 32
"Hope Over Fear"

Fri, Sat, Sun, November 25, 26 and
27, 2011

The Southern California

Tumbleweed Staff

Carol D.....Chair/Editor
Open.....Vice-Chair
Lori B.....Secretary/Treasurer
Sarah A.....Columnist

Helpful Info

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