

### About NA Meetings:

Our meetings vary widely in size and style. Some are small and intimate; others are large and loud. The practices and terms used in our meetings also vary widely from one place to another. Most importantly, our meetings are where we share our experience, strength, and hope.

## Sunday

7am **Wake Up To Reality**  
O/P/NS/WC 38130 6<sup>th</sup> Street East, Palmdale

10am **Sunday Spiritual**  
O/P/NS/WC 38130 6<sup>th</sup> Street East, Palmdale  
(No Dogs allowed)

6pm **Palmdale Recovery Group**  
O/P/NS/WC 38130 6<sup>th</sup> Street East, Palmdale

7:30pm **Sunday Serenity**  
O/P/NS/WC AV College – Science Bldg  
3041 West Ave K, Lancaster

## Monday

7am **Wake Up To Reality**  
O/P/NS/WC 38130 6<sup>th</sup> Street East, Palmdale

9am **Just For Today**  
O/P/NS/WC St. Paul's Episcopal Church  
502 West Ave K, Lancaster

7pm **Palmdale Recovery Group**  
O/P/NS/WC 38130 6<sup>th</sup> Street East, Palmdale

7pm **Clubhouse Recovery**  
O/P/NS/NC/WC 44445 Sierra Highway  
Lancaster

## Tuesday

7am **Wake Up To Reality**  
O/P/NS/WC 38130 6<sup>th</sup> Street East, Palmdale

9am **Just For Today**  
O/P/NS/WC St. Paul's Episcopal Church  
502 West Ave K, Lancaster

12 noon **Tuesday Noon Meeting**  
O/P/NS/WC St. Paul's Episcopal Church  
Luncheon on the 2<sup>nd</sup> Tuesday  
502 West Ave K, Lancaster

7pm **Extra Mile – Lake Hughes**  
O/P/NS Community Center  
17520 Elizabeth Lake Rd.  
Lake Hughes

7pm **Quartz Hill Surrender Group**  
O/P/NS/WC 41843 50<sup>th</sup> Street West  
Quartz Hill

7pm **Palmdale Recovery Group**  
O/P/NS/WC 38130 6<sup>th</sup> Street East, Palmdale

7pm **T.R.I.B.E**  
O/P/NS/WC St. Paul's Episcopal Church  
502 West Ave K, Lancaster

## Wednesday

7am **Wake Up To Reality**  
O/P/NS/WC 38130 6<sup>th</sup> Street East, Palmdale

9am **Just For Today**  
O/P/NS/WC St. Paul's Episcopal Church  
502 West Ave K, Lancaster

7pm **Palmdale Recovery Group**  
O/P/NS/WC 38130 6<sup>th</sup> Street East, Palmdale

7:30pm **Recovery By Choice**  
O/L/NS/WC Oasis  
44231 Division St, Lancaster

7:30pm **Mid-Week Retreat**  
O/B/NS/WC St. Stephens Church  
1737 East Ave R, Palmdale

## Thursday

7am **Wake Up To Reality**  
O/P/NS/WC 38130 6<sup>th</sup> Street East, Palmdale

9am **Just For Today**  
O/P/NS/WC St. Paul's Episcopal Church  
502 West Ave K, Lancaster

12 noon **Back To Basics**  
O/P/NS/WC St. Paul's Episcopal Church  
502 West Ave K, Lancaster  
Luncheon last Thursday

7pm **Quartz Hill Surrender Group**  
O/P/NS/WC 41843 50<sup>th</sup> Street West  
Quartz Hill

7pm **Above The Bar Book Study**  
O/P/B/NS Community Center  
17520 Elizabeth Lake Rd.  
Lake Hughes

7pm **Palmdale Recovery Group**  
O/P/NS/WC 38130 6<sup>th</sup> Street East, Palmdale

## Friday

7am **Wake Up To Reality**  
O/P/NS/WC 38130 6<sup>th</sup> Street East, Palmdale

9am **Just For Today**  
O/P/NS/WC St. Paul's Episcopal Church  
502 West Ave K, Lancaster

11:30am **Mid-Day No Problem**  
O/P/NS/WC St. Stephens Church  
1737 East Ave R, Palmdale  
(Located in the Rear of Church)

6pm **New Road Step Study**  
NC/NS/WC/ST 44224 Glenraven Rd.  
Lancaster

8pm **Friday Night Speaker Meeting**  
C/SP St. Paul's Episcopal Church  
502 West Ave K, Lancaster

8pm **Palmdale Recovery Group**  
O/NS/WC/NC 38130 6<sup>th</sup> Street East, Palmdale

## Saturday

7am **Wake Up To Reality**  
O/P/NS/WC 38130 6<sup>th</sup> Street East, Palmdale

10am **It All Fits In The Cooker**  
M/C/S 44429 Hanstead Ave, Lancaster

10am **Saturday Morning Women's Retreat**  
W/C/NS/WC St. Paul's Episcopal Church  
502 West Ave K, Lancaster  
*FIRST SAT: POTLUCK*

7pm **Wolves - Wellness & Spiritual Solutions**  
O/P/WC/NS (Absolutely no pets or service animals anywhere on the property)  
18832 Pine Canyon Road  
Lake Hughes

8pm **Straight From The Heart**  
O/P/NS/L St. Stephens Church  
1737 East Ave R, Palmdale

\*\*If meeting is dark, please call the 24-hour help line listed on the front of this directory or the PR Chair.\*\*

**Meeting Codes**

- SP – Speaker
- B – Book Study
- T – Topic
- W – Women’s Stag
- NS – No Smoking
- O – Open (anyone may attend)
- C – Closed (addicts only)
- GL – Gay/Lesbian
- WC – Wheelchair Access
- NP – No Pets
- L – Literature
- E – Candlelight
- ST – Step Study
- P – Participation
- M – Men’s Stag
- Y – Youth/Teen Stag
- NC – No Children
- B – Business Meeting
- SS – Spanish

**A Special Reminder...**

We love your pets but unless they are registered and identified as service animals then you cannot bring them to most meetings, particularly at church locations.

**AREA MEETING**

1st Sunday of each month  
(Except Holidays) 2:00 pm  
Meets @ The Oasis  
44231 Division St., Lancaster  
Chair: Marshall S. 661-816-8188  
Vice-Chair: Bob S. 805-368-6103  
Secretary: April SE. 661-878-2988

**H&I COMMITTEE**

4th Thursday of each month  
7pm @ Tarzana TC  
44447 10th Street West, Lancaster  
Chair: Jerry S. 661-236-3290

**ACTIVITIES COMMITTEE**

2nd Friday of each month  
5:30 @ The Shaggers Club  
44445 Sierra Highway, Lancaster  
Chair: Mario S. 661-268-9236

**PUBLIC RELATIONS**

Dark  
Chair:  
Website/Directory:  
Marshall S. 661-816-8188

**CONVENTION COMMITTEE**

3rd Wednesday of each month via zoom  
1937 S. Myrtle Ave, Monrovia  
Rep: Dark

**RCM**

Jamie Y. 661-266-2200 x.807

**LITRATURE ORDERS**

Tim L. 661-839-4521  
(for texting your order)

**USE THE PHONE NOT DRUGS**

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**If you have received this phone list...**

We are welcoming you to our meeting and encouraging you to call if you have a question about the NA program or just need someone to listen. The person you call may not be able to answer your call right away, give you a ride to a meeting, or answer every question perfectly. We are addicts who help each other while we help ourselves to stay in recovery by sharing the message of Narcotics Anonymous.

**Southern  
Antelope Valley  
Area  
NARCOTICS  
ANONYMOUS  
January  
2022**



**S.A.V.A.N.A.  
P.O. BOX 5856  
Lancaster, CA. 93539  
24 hour Helpline  
(661) 266-2200  
www.sava-na.org**

Southern California Regional Helpline:  
1-800-TODAY NA  
Regional Spanish Helpline:  
1-888-622-4672  
World Service Office  
P.O. Box 9999  
Van Nuys, CA. 91409  
(818) 773-9999