

### About NA Meetings:

Our meetings vary widely in size and style. Some are small and intimate; others are large and loud. The practices and terms used in our meetings also vary widely from one place to another. Most importantly, our meetings are where we share our experience, strength, and hope.

## Sunday

7am **Wake Up To Reality**  
O/P/NS/WC 38130 6<sup>th</sup> Street East, Palmdale

10am **Sunday Spiritual**  
O/P/NS/WC 38130 6<sup>th</sup> Street East, Palmdale

6pm **Palmdale Recovery Hall**  
O/P/NS/WC 38130 6<sup>th</sup> Street East, Palmdale

7:30pm **Sunday Serenity**  
O/P/NS/WC AV College Science Building  
Lancaster (Board Room - Lot 6)  
Ave K and Academic Way

## Monday

7am **Wake Up To Reality**  
O/P/NS/WC 38130 6<sup>th</sup> Street East, Palmdale

9am **Just For Today**  
O/P/NS/WC St. Paul's Episcopal Church  
502 West Ave K, Lancaster

7pm **Wheel Of Recovery**  
O/T/NS Church of Christ  
1655 E Lancaster Blvd., Lancaster

7pm **Palmdale Recovery Hall**  
O/P/NS/WC 38130 6<sup>th</sup> Street East, Palmdale

7pm **Clubhouse Recovery**  
O/P/NS/  
NC/WC 44445 Sierra Highway  
Lancaster

7:30pm  
NC/O/P

**At The End Of The Road**  
St. Paul's Episcopal Church  
502 West Ave K, Lancaster

## Tuesday

7am **Wake Up To Reality**  
O/P/NS/WC 38130 6<sup>th</sup> Street East, Palmdale

9am **Just For Today**  
O/P/NS/WC St. Paul's Episcopal Church  
502 West Ave K, Lancaster

12 noon **Tuesday Noon Meeting**  
O/P/NS/WC St. Paul's Episcopal Church  
502 West Ave K, Lancaster

6pm **Quest For Serenity**  
C/T/NS  
WC/NC Church of Christ  
1655 East Lancaster Blvd.  
Lancaster

7pm **Extra Mile – Lake Hughes**  
O/P/NS The Rock Inn  
17539 Elizabeth Lake Road  
Lake Hughes

7pm **Quartz Hill Surrender Group**  
O/P/NS/WC 41843 50<sup>th</sup> Street West  
Quartz Hill

7pm **Palmdale Recovery Hall**  
O/P/NS/WC 38130 6<sup>th</sup> Street East, Palmdale

7pm **T.R.I.B.E**  
O/P/NS/WC St. Paul's Episcopal Church  
502 West Ave K, Lancaster

## Wednesday

7am **Wake Up To Reality**  
O/P/NS/WC 38130 6<sup>th</sup> Street East, Palmdale

9am **Just For Today**  
O/P/NS/WC St. Paul's Episcopal Church  
502 West Ave K, Lancaster

6pm **Westside Just for Today**  
O/P/NS/WC 1030 West Ave L-8, Lancaster  
*ONE HOUR*

7:30 **Life On Life's Terms**  
O/P/NS/WC 17134 East Ave O #104  
Lake Los Angeles

7:30pm **Recovery By Choice**  
O/L/NS/WC St. Paul's Episcopal Church  
502 West Ave K, Lancaster

7:30pm **Mid-Week Retreat**  
O/B/NS/WC St. Stephens Church  
1737 East Ave R, Palmdale

## Thursday

7am **Wake Up To Reality**  
O/P/NS/WC 38130 6<sup>th</sup> Street East, Palmdale

9am **Just For Today**  
O/P/NS/WC St. Paul's Episcopal Church  
502 West Ave K, Lancaster

12 noon **Back To Basics**  
O/P/NS/WC St. Paul's Episcopal Church  
502 West Ave K, Lancaster

7pm **Quartz Hill Surrender Group**  
O/P/NS/WC 41843 50<sup>th</sup> Street West  
Quartz Hill

7pm **Above The Bar Book Study**  
O/P/B/NS The Rock Inn  
17539 Elizabeth Lake Road  
Lake Hughes

7pm **Palmdale Recovery Hall**  
O/P/NS/WC 38130 6<sup>th</sup> Street East, Palmdale

7:30pm **Seriously Seeking Recovery**  
C/D/NS/WC Church of Christ  
1655 E Lancaster Blvd  
Lancaster

## Friday

7am **Wake Up To Reality**  
O/P/NS/WC 38130 6<sup>th</sup> Street East, Palmdale

9am **Just For Today**  
O/P/NS/WC St. Paul's Episcopal Church  
502 West Ave K, Lancaster

11:30am **Mid-Day No Problem**  
O/P/NS/WC St. Stephens Church  
1737 East Ave R, Palmdale  
(Located in the Rear of Church)

8pm **Palmdale Recovery Hall**  
O/NS/WC/NC 38130 6<sup>th</sup> Street East, Palmdale  
Last Friday SP

8pm **Friday Night Speaker Meeting**  
O/SP/NS/WC St. Paul's Episcopal Church  
502 West Ave K, Lancaster

## Saturday

7am **Wake Up To Reality**  
O/P/NS/WC 38130 6<sup>th</sup> Street East, Palmdale

9am **Just For Today**  
O/P/NS/WC Alano Club  
*ONE HOUR* 104 East Avenue K-4, Suite J  
Lancaster

10am **It All Fits In The Cooker**  
M/C/S 44429 Hanstead Ave, Lancaster

- 10am **Saturday Morning Women's Retreat**  
W/C/NS/WC St. Paul's Episcopal Church  
FIRST SAT: 502 West Ave K, Lancaster  
POTLUCK
- 4pm **Women in Recovery**  
W/P/NS/WC 38130 6<sup>th</sup> Street East, Palmdale
- 6pm **Regardless Of**  
O/T G/L 38130 6<sup>th</sup> Street East, Palmdale
- 7pm **Wolves and Wellness**  
O/P/T/NS/NP Shadowland Foundation  
18832 Pine Canyon Road  
Lake Hughes
- 8pm **Straight From The Heart**  
O/P/NS/L St. Stephens Church  
1737 East Ave R, Palmdale

\*\*If meeting is dark, please call the 24-hour help line listed on the front of this directory or the PR Chair.\*\*

### Meeting Codes

- |                              |                      |
|------------------------------|----------------------|
| SP – Speaker                 | ST – Step Study      |
| B – Book Study               | P – Participation    |
| T – Topic                    | M – Men's Stag       |
| W – Women's Stag             | Y – Youth/Teen Stag  |
| NS – No Smoking              |                      |
| O – Open (anyone may attend) |                      |
| C – Closed (addicts only)    |                      |
| G/L – Gay/Lesbian            |                      |
| WC – Wheelchair Access       |                      |
| NP – No Pets                 | NC – No Children     |
| L – Literature               | B – Business Meeting |
| E – Candlelight              | SS – Spanish         |

### A Special Reminder...

We love your pets but unless they are registered and identified as service animals then you cannot bring them to most meetings, particularly at church locations.

### AREA MEETING

1st Sunday of each month  
(Except Holidays) 2:00 pm  
Meets @ The Alano Club  
104 East Ave K-4, Suite J, Lancaster  
Chair: Joe P. 661-234-0554  
Vice-Chair: Diana K. 661.429.8243  
Secretary: Deb L. 661-537-4794

### H&I COMMITTEE

4th Thursday of each month  
7:00 pm, Tarzana Treatment Center  
44447 10<sup>th</sup> St. West, Lancaster  
Chair:

### ACTIVITIES COMMITTEE

2nd Wednesday of each month at 5:30pm  
44445 Sierra Highway, Lancaster  
Chair: John H. 661-429-8245

### PUBLIC RELATIONS

1<sup>st</sup> Sunday of the month at 9:00pm  
Starbucks  
43543 20<sup>th</sup> St West, Lancaster  
Chair: Liz L. 661-266-2200 x.806  
Website/Directory:  
Marshall S. 661-816-8188

### CONVENTION COMMITTEE

3<sup>rd</sup> Wednesday of each month  
1937 S. Myrtle Ave, Monrovia  
Rep: Jerry H. 661-361-8078

### RCM

Dark

### LITRATURE ORDERS

Ruben 661-794-3246  
(for texting your order)

### USE THE PHONE NOT DRUGS

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### If you have received this phone list...

We are welcoming you to our meeting and encouraging you to call if you have a question about the NA program or just need someone to listen. The person you call may not be able to answer your call right away, give you a ride to a meeting, or answer every question perfectly. We are addicts who help each other while we help ourselves to stay in recovery by sharing the message of Narcotics Anonymous.

Southern  
Antelope Valley  
Area  
  
**NARCOTICS  
ANONYMOUS**  
May  
2019



S.A.V.A.N.A.  
P.O. BOX 5856  
Lancaster, CA. 93539  
**24 hour Helpline**  
**(661) 266-2200**

[www.sava-na.org](http://www.sava-na.org)

Southern California Regional Helpline:  
1-800-TODAY NA  
Regional Spanish Helpline:  
1-888-622-4672  
World Service Office  
P.O. Box 9999  
Van Nuys, CA. 91409  
(818) 773-9999