

About NA Meetings:

Our meetings vary widely in size and style. Some are small and intimate; others are large and loud. The practices and terms used in our meetings also vary widely from one place to another. Most importantly, our meetings are where we share our experience, strength, and hope.

Sunday

7am **Wake Up To Reality**
O/P/NS/WC 38130 6th Street East, Palmdale

10am **Sunday Spiritual**
O/P/NS/WC 38130 6th Street East, Palmdale

4pm **Four Corners Of Unity**
B/NC 38130 6th Street East, Palmdale

7pm **Palmdale Recovery Hall**
O/P/NS/WC 38130 6th Street East, Palmdale

7:30pm **Sunday Serenity**
O/P/NS/WC AV College Science Building,
Lancaster (Enter Lot B)
Ave K and 32nd Street West

Monday

7am **Wake Up To Reality**
O/P/NS/WC 38130 6th Street East, Palmdale
(N of Ave R on 6th St. East)

9am **Just For Today**
O/P/NS/WC St. Paul's Episcopal Church
502 West Ave K, Lancaster

7pm **Wheel Of Recovery**
O/T/NS Church of Christ
1655 E Lancaster Blvd., Lancaster

7pm **Palmdale Recovery Hall**
O/P/NS/WC 38130 6th Street East, Palmdale

Tuesday

7am **Wake Up To Reality**
O/P/NS/WC 38130 6th Street East, Palmdale
(N of Ave R on 6th St. East)

9am **Just For Today**
O/P/NS/WC St. Paul's Episcopal Church
502 West Ave K, Lancaster

12 noon **Tuesday Noon Meeting**
O/P/NS/WC St. Paul's Episcopal Church
502 West Ave K, Lancaster

7pm **Extra Mile – Lake Hughes**
O/P/NS The Rock Inn
17539 Elizabeth Lake Road,
Lake Hughes

7pm **Quest For Serenity**
C/T/NS Church of Christ
WC/NC 1655 East Lancaster Blvd., Lancaster
ONE HOUR

7pm **Quartz Hill Surrender Group**
O/P/NS/WC 41843 50th Street West,
Quartz Hill

7pm **Palmdale Recovery Hall**
O/P/NS/WC 38130 6th Street East, Palmdale

7:30pm **The Lie Is Dead**
O/P/NS/WC St. Paul's Episcopal Church
502 West Ave K, Lancaster

Wednesday

7am **Wake Up To Reality**
O/P/NS/WC 38130 6th Street East, Palmdale
(N of Ave R on 6th St. East)

9am **Just For Today**
O/P/NS/WC St. Paul's Episcopal Church
502 West Ave K, Lancaster

6pm **Westside Just for Today**
O/P/NS/WC 1030 West Ave L-8, Lancaster
ONE HOUR

7:30 **Life On Life's Terms**
O/P/NS/WC 17134 East Avenue O #104
Lake Los Angeles

7:30pm **Recovery By Choice**
O/L/NS/WC St. Paul's Episcopal Church
502 West Ave K, Lancaster

7:30pm **Kickin' It With The Fellas**
M/P/NS/WC 38130 6th Street East, Palmdale

7:30pm **Mid-Week Retreat**
O/B/NS/WC St. Stephens Church
1737 East Ave R, Palmdale

Thursday

7am **Wake Up To Reality**
O/P/NS/WC 38130 6th Street East, Palmdale
(N of Ave R on 6th St. East)

9am **Just For Today**
O/P/NS/WC St. Paul's Episcopal Church
502 West Ave K, Lancaster

12 noon **Back To Basics**
O/P/NS/WC St. Paul's Episcopal Church
502 West Ave K, Lancaster

7pm **Quartz Hill Surrender Group**
O/P/NS/WC 41843 50th Street West,
Quartz Hill

7pm **Above The Bar Book Study**
O/P/B/NS The Rock Inn
17539 Elizabeth Lake Road,
Lake Hughes

7:30pm **Seriously Seeking Recovery**
C/D/NS/WC Church of Christ
1655 E Lancaster Blvd., Lancaster

7pm **Palmdale Recovery Hall**
O/P/NS/WC 38130 6th Street East, Palmdale
(N of Ave R on 6th St. East)

Friday

7am **Wake Up To Reality**
O/P/NS/WC 38130 6th Street East, Palmdale
(N of Ave R on 6th St. East)

9am **Just For Today**
O/P/NS/WC St. Paul's Episcopal Church
502 West Ave K, Lancaster

11:30am **Mid-Day No Problem**
O/P/NS/WC St. Stephens Church
1737 East Ave R, Palmdale

6pm **NA Payday**
O/P/NS/WC St. Paul's Episcopal Church
502 West Ave K, Lancaster

7pm **Palmdale Recovery Hall**
O/NS/WC/NC 38130 6th Street East, Palmdale
Last Friday SP (N of Ave R on 6th St. East)

8pm **Friday Night Speaker Meeting**
O/SP/NS/WC (Temporary Location)
St. Paul's Episcopal Church
502 West Ave K, Lancaster

Saturday

7am **Wake Up To Reality**
O/P/NS/WC 38130 6th Street East, Palmdale
(N of Ave R on 6th St. East)

9am **Just For Today**
O/P/NS/WC Alano Club
ONE HOUR 104 East Avenue K-4, Suite J,
Lancaster

10am **It All Fits In The Cooker**
M/C/S 44429 Hanstead Ave, Lancaster

More on the back...

10am **Saturday Morning Women's Retreat**
 W/C/NS/WC St. Paul's Episcopal Church
 LAST SAT: 502 West Ave K, Lancaster
 POTLUCK

4pm **Women's Meeting**
 W/P/NS/WC 38130 6th Street East, Palmdale
 (N of Ave R on 6th St. East)

6pm **Recovery By The Book**
 B/P/NS 31830 6th Street East, Palmdale
 WC/NC

7pm **Wolf Ranch Meeting**
 O/P/T/NS/NP Shadowland Foundation
 18832 Pine Canyon Road
 Lake Hughes
 ABSOLUTELY NO PETS OR SERVICE ANIMALS
 ANYWHERE ON THE PROPERTY

8pm **Straight From The Heart**
 O/P/NS/L St. Stephens Church
 1737 East Ave R, Palmdale

Meeting Codes

- SP – Speaker ST – Step Study
- B – Book Study P – Participation
- T – Topic M – Men's Stag
- W – Women's Stag Y – Youth/Teen Stag
- NS – No Smoking
- O – Open (anyone may attend)
- C – Closed (addicts only)
- G/L – Gay/Lesbian
- WC – Wheelchair Access
- NP – No Pets NC – No Children
- L – Literature B – Business Meeting
- E – Candlelight SS – Spanish

A Special Reminder...

We love your pets but unless they are registered and identified as service animals then you cannot bring them to most meetings, particularly at church locations.

**AREA SERVICE COMMITTEES
 AREA MEETING**

1st Sunday of Each Month
 (Except Holidays) 2:00 pm
 Meets @ Alano Club
 104 East Ave K-4, Suite J, Lancaster
 Chair: Tim L 661.839.4521
 Vice-chair: Pauline K 661.718.6416
 Secretary: Amanda B 661.886.5171

H&I COMMITTEE

4th Thursday of each month
 7:00 pm, Tarzana Treatment Center
 44447 10th St. West, Lancaster
 Chair: Diana K 661.429.8243

ACTIVITIES COMMITTEE

Chair: Lori B 661.233.4907
 Call for information

PUBLIC RELATIONS

3rd Saturday of the month at 5:30pm
 St. Paul's Episcopal Church
 502 West Ave K, Lancaster
 Phone Lines: Paul 661.236.2380
 Website and Directory: Natalie
 661.524.3485
 www.sava-na.org

CONVENTION COMMITTEE

Linda H 661.674.0560

RCM

Chair: Mohawk Joe 661.234.0554
 Alternate: Patricia P 661.946.2959

LITRATURE ORDERS

Ruben 661.794.3246
 (for texting your order)

USE THE PHONE NOT DRUGS

If you have received this phone list...

We are welcoming you to our meeting and encouraging you to call if you have a question about the NA program or just need someone to listen. The person you call may not be able to answer your call right away, give you a ride to a meeting, or answer every question perfectly. We are addicts who help each other while we help ourselves to stay in recovery by sharing the message of Narcotics Anonymous.

**Southern
 Antelope Valley
 Area
 NARCOTICS
 ANONYMOUS
 November/
 December 2017**



**S.A.V.A.N.A.
 P.O. BOX 5856
 Lancaster, CA. 93539
 24 hour Helpline
 (661) 266-2200
 www.sava-na.org**

**Southern California Regional Helpline:
 1-800-TODAY NA
 Regional Spanish Helpline:
 1-888-622-4672
 World Service Office
 P.O. Box 9999
 Van Nuys, CA. 91409
 (818) 773-9999**