



# The Tumbleweed



Southern Antelope Valley Area Narcotics Anonymous  
Newsletter

October 2, 2011

## Spiritual Principal of the Month Willingness

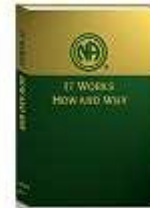
If I am practicing **WILLINGNESS** I am prompt to act or respond.... I am relating to the will or power of....

*If I am not practicing **WILLINGNESS** being reluctant, inactive, selfish, lazy, stubborn*

## Quote of the month

"It's not old behavior if I'm still doing it."

## NA LITERATURE



## FEAR

FORSEEING  
EVERYTHING  
ALREADY  
RUINED

TAKE MY WILL AND MY LIFE.....

Take my thinking and my actions, Guide me in my recovery and show me how to live.....CLEAN

~Sean D.

## UNTITLED

Never cry for any relation in life because for the one whom you cry,  
Does not deserve your tears, And the one who deserves,  
Will never let you cry...

Treat everyone with politeness, Even those who are rude to you,  
Not because they are not nice, But because you are nice...

Never search your happiness In others, Which will make you Feel alone,  
Rather search it in yourself You will feel happy Even if you are left alone...

Always have A positive attitude in life, There is something positive In every person.

Even a stopped watch is right  
Twice a day...

Happiness always looks small When we hold it in our hands  
But when we learn to share it, We realize how big and precious it is...

~UNKNOWN AUTHOR



# N.A. Birthdays



\*Patricia P. 09/04/86\* \*Rob L. 09/24/91\* \*Tom D 09/11/99\*  
 \*Luis G. 09/14/00\* \*Big Sherrie H. 09/14/03\* \*Lloyd RLC 09/01/07\*  
 \*Yolanda G. 09/12/07\* \*Rick 09/14/08\* \*Patricia C. 09/16/08\*  
 \*Dave H. 09/17/08\* \*Earl F. 09/24/08\* \*Kathy M. 09/26/09\* \*Jackie S. 09/18/10\*  
 \* Mike M. 09/19/10\* \*Bridget L. 09/21/10\* \*Brian S. 09/10/10\*

## Recovery on the Web

Online Meeting Site [www.earthgroupna.org](http://www.earthgroupna.org)

[www.na.org/wcna](http://www.na.org/wcna)

S.A.V.A.N.A. Website

[www.sava-na.org](http://www.sava-na.org)

Get the newsletter sent to your E mail,  
send your request to  
[tumbleweed\\_newsletter@yahoo.com](mailto:tumbleweed_newsletter@yahoo.com)

## Upcoming Events

### ***SAVANA***

**\$7 HALLOWEEN DANCE AND  
MEETING OCT.27TH**

**7PM @ LANCASTER CITY PARK  
\*\*\*BEST COSTUME CONTEST\*\*\***

## Service Committees

Area Meeting - 1<sup>st</sup> Sunday at Lost n Found  
339 E. Ave. K-8, #115 at 2:00pm

Hospitals & Institutions - 4<sup>th</sup> Thursday at  
44447 10<sup>th</sup> St. West at 7:00pm

Activities - 3<sup>rd</sup> Wednesday at 2101 E.  
Palmdale Blvd. at 7pm

Phone lines **PENDING**

Public Relations - 2nd Thursday at 1012  
Caperton, Lancaster at 7:00pm

Newsletter - 3rd Saturday at 2330 E. Ave  
J-8 Sp# 184 at 2:00 PM

Website - **PENDING**

Policy - 3rd Thursday at 1326 W. Ave. H-  
14, Lancaster at 6:00pm

Convention - **CLOSED**

## Regional Convention Narcotics Anonymous 32

### ***"Hope Over Fear"***

**Fri, Sat, Sun, November  
25, 26 and 27, 2011  
The Southern California  
Register online  
now!!!!!!!!!!**

## Tumbleweed Staff

Carol D.....Chair/Editor  
Open.....Vice-Chair  
Lori B.....Secretary/Treasurer  
Sarah A.....Columnist

## Helpful Info

Tumbleweed Newsletter % S.A.V.A.N.A.  
P.O. Box 902785  
Palmdale, Ca. 93550  
24hr Helpline - (661)266-2200  
24hr Regional Helpline - (800)863-  
2962  
[tumbleweed\\_newsletter@yahoo.com](mailto:tumbleweed_newsletter@yahoo.com)