

About NA Meetings:

Our meetings vary widely in size and style. Some are small and intimate; others are large and loud. The practices and terms used in our meetings also vary widely from one place to another. Most importantly, our meetings are where we share our experience, strength, and hope.

Sunday

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| 7am O/P/NS/WC | Wake Up To Reality 38130 6 th Street East, Palmdale |
| 10am O/P/NS/WC | Sunday Spiritual 38130 6 th Street East, Palmdale |
| 4pm B/NC | Four Corners Of Unity 38130 6 th Street East, Palmdale |
| 7pm O/P/NS/WC | Palmdale Recovery Hall 38130 6 th Street East, Palmdale |
| 7:30pm O/P/NS/WC | Sunday Serenity AV College Science Building, Lancaster (Enter Lot B) Ave K and 32 nd Street West |

Monday

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|------------------|----------------------------------------------------------------------------------------------------------------------|
| 7am O/P/NS/WC | Wake Up To Reality 38130 6 th Street East, Palmdale (N of Ave R on 6 th St. East) |
| 9am O/P/NS/WC | Just For Today St. Paul’s Episcopal Church 502 West Ave K, Lancaster |
| 7pm O/T/NS | Wheel Of Recovery Church of Christ 1655 E Lancaster Blvd., Lancaster |
| 7pm O/P/NS/WC | Palmdale Recovery Hall 38130 6 th Street East, Palmdale |

Tuesday

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|------------------------------------|----------------------------------------------------------------------------------------------------------------------|
| 7am O/P/NS/WC | Wake Up To Reality 38130 6 th Street East, Palmdale (N of Ave R on 6 th St. East) |
| 9am O/P/NS/WC | Just For Today St. Paul’s Episcopal Church 502 West Ave K, Lancaster |
| 12 noon O/P/NS/WC | Tuesday Noon Meeting St. Paul’s Episcopal Church 502 West Ave K, Lancaster |
| 7pm O/P/NS | Extra Mile – Lake Hughes The Rock Inn 17539 Elizabeth Lake Road, Lake Hughes |
| 7pm C/T/NS WC/NC ONE HOUR | Quest For Serenity Church of Christ 1655 East Lancaster Blvd., Lancaster |

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| 7pm O/P/NS/WC | Quartz Hill Surrender Group 41843 50 th Street West, Quartz Hill |
| 7pm O/P/NS/WC | Palmdale Recovery Hall 38130 6 th Street East, Palmdale |
| 7:30pm O/P/NS/WC | The Lie Is Dead St. Paul’s Episcopal Church 502 West Ave K, Lancaster |

Wednesday

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|------------------|----------------------------------------------------------------------------------------------------------------------|
| 7am O/P/NS/WC | Wake Up To Reality 38130 6 th Street East, Palmdale (N of Ave R on 6 th St. East) |
| 9am O/P/NS/WC | Just For Today St. Paul’s Episcopal Church 502 West Ave K, Lancaster |

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|------------------------------|---------------------------------------------------------------------------------------|
| 6pm O/P/NS/WC ONE HOUR | Westside Just for Today 1030 West Ave L-8, Lancaster |
| 7:30 O/P/NS/WC | Life On Life’s Terms 17134 East Avenue O #104 Lake Los Angeles |
| 7:30pm O/L/NS/WC | Recovery By Choice St. Paul’s Episcopal Church 502 West Ave K, Lancaster |
| 7:30pm M/P/NS/WC | Kickin’ It With The Fellas 38130 6 th Street East, Palmdale |
| 7:30pm O/B/NS/WC | Mid-Week Retreat St. Stephens Church 1737 East Ave R, Palmdale |

Thursday

| | |
|----------------------|----------------------------------------------------------------------------------------------------------------------|
| 7am O/P/NS/WC | Wake Up To Reality 38130 6 th Street East, Palmdale (N of Ave R on 6 th St. East) |
| 9am O/P/NS/WC | Just For Today St. Paul’s Episcopal Church 502 West Ave K, Lancaster |
| 12 noon O/P/NS/WC | Back To Basics St. Paul’s Episcopal Church 502 West Ave K, Lancaster |
| 7pm O/P/NS/WC | Quartz Hill Surrender Group 41843 50 th Street West, Quartz Hill |
| 7pm O/P/B/NS | Above The Bar Book Study The Rock Inn 17539 Elizabeth Lake Road, Lake Hughes |

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| 7:30pm C/D/NS/WC | Seriously Seeking Recovery Church of Christ 1655 E Lancaster Blvd., Lancaster |
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| 7pm O/P/NS/WC | Palmdale Recovery Hall 38130 6 th Street East, Palmdale (N of Ave R on 6 th St. East) |
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Friday

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|-------------------------------------|--------------------------------------------------------------------------------------------------------------------------|
| 7am O/P/NS/WC | Wake Up To Reality 38130 6 th Street East, Palmdale (N of Ave R on 6 th St. East) |
| 9am O/P/NS/WC | Just For Today St. Paul’s Episcopal Church 502 West Ave K, Lancaster |
| 11:30am O/P/NS/WC | Mid-Day No Problem St. Stephens Church 1737 East Ave R, Palmdale |
| 6pm O/P/NS/WC | NA Payday St. Paul’s Episcopal Church 502 West Ave K, Lancaster |
| 7pm O/NS/WC/NC Last Friday SP | Palmdale Recovery Hall 38130 6 th Street East, Palmdale (N of Ave R on 6 th St. East) |
| 8pm O/SP/NS/WC | Friday Night Speaker Meeting (Temporary Location) St. Paul’s Episcopal Church 502 West Ave K, Lancaster |

Saturday

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|------------------------------|----------------------------------------------------------------------------------------------------------------------|
| 7am O/P/NS/WC | Wake Up To Reality 38130 6 th Street East, Palmdale (N of Ave R on 6 th St. East) |
| 9am O/P/NS/WC ONE HOUR | Just For Today Alano Club 104 East Avenue K-4, Suite J, Lancaster |
| 10am M/C/S | It All Fits In The Cooker 44429 Hanstead Ave, Lancaster |

More on the back...

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|-------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|
| 10am W/C/NS/WC LAST SAT: POTLUCK | Saturday Morning Women's Retreat St. Paul's Episcopal Church 502 West Ave K, Lancaster |
| 4pm W/P/NS/WC | Women's Meeting 38130 6 th Street East, Palmdale (N of Ave R on 6 th St. East) |
| 6pm B/P/NS WC/NC | Recovery By The Book 31830 6 th Street East, Palmdale |
| 7pm O/P/T/NS/NP | Wolf Ranch Meeting Shadowland Foundation 18832 Pine Canyon Road Lake Hughes |
| ABSOLUTELY NO PETS OR SERVICE ANIMALS ANYWHERE ON THE PROPERTY | |
| 8pm O/P/NS/L | Straight From The Heart St. Stephens Church 1737 East Ave R, Palmdale |

Meeting Codes

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| SP – Speaker | ST – Step Study |
| B – Book Study | P – Participation |
| T – Topic | M – Men’s Stag |
| W – Women’s Stag | Y – Youth/Teen Stag |
| NS – No Smoking | |
| O – Open (anyone may attend) | |
| C – Closed (addicts only) | |
| G/L – Gay/Lesbian | |
| WC – Wheelchair Access | |
| NP – No Pets | NC – No Children |
| L – Literature | B – Business Meeting |
| E – Candlelight | SS – Spanish |

A Special Reminder...

We love your pets but unless they are registered and identified as service animals then you cannot bring them to most meetings, particularly at church locations.

REGIONAL INFORMATION

For meetings in the Southern California Region, please contact the following areas:

Bay Cities 310.372.9666
Desert Empire 760.255.2045
Eastern IE 909.622.4274

Eastern Sierra 760.446.4445
Greater East LA 323.721.5504
Greater Hollywood 323.850.1624

Greater LA 323.933.5395
IE Foothills 909.795.0464
IE West 909.622.4274

Northern Counties 800.613.0984
Orange County 714.590.2388
San Fernando Valley 818.997.3822

San Gabriel Valley 626.584.6910
Santa Clarita 800.338.2155
South Coast 800.333.3610

Southern Antelope Valley 661.266.2200
West End 818.787.9706
Westside 310.390.0279

Informacion En Español 626.359.1499

Southern California Regional Helpline:
800.TODAYNA (800.863.2962)

Regional Spanish Helpline 888.622.4672

USE THE PHONE NOT DRUGS

If you have received this phone list...

We are welcoming you to our meeting and encouraging you to call if you have a question about the NA program or just need someone to listen. The person you call may not be able to answer your call right away, give you a ride to a meeting, or answer every question perfectly. We are addicts who help each other while we help ourselves to stay in recovery by sharing the message of Narcotics Anonymous.

**Southern
Antelope Valley
Area**

**NARCOTICS
ANONYMOUS
2017**



**S.A.V.A.N.A.
P.O. BOX 5856
Lancaster, CA. 93539
24 hour Helpline
(661) 266-2200**

www.sava-na.org

Southern California Regional Helpline:
1-800-TODAY NA
Regional Spanish Helpline:
1-888-622-4672
World Service Office
P.O. Box 9999
Van Nuys, CA. 91409
(818) 773-9999