

### About NA Meetings:

Our meetings vary widely in size and style. Some are small and intimate; others are large and loud. The practices and terms used in our meetings also vary widely from one place to another. Most importantly, our meetings are where we share our experience, strength, and hope.

### Sunday

7am **Wake Up To Reality**  
O/P/NS/WC 38130 6<sup>th</sup> Street East, Palmdale

10am **Sunday Spiritual**  
O/P/NS/WC 38130 6<sup>th</sup> Street East, Palmdale

4pm **Four Corners Of Unity**  
B/NC 38130 6<sup>th</sup> Street East, Palmdale

7pm **Palmdale Recovery Hall**  
O/P/NS/WC 38130 6<sup>th</sup> Street East, Palmdale

7:30pm **Sunday Serenity**  
O/P/NS/WC AV College Science Building,  
Lancaster (Enter Lot B)  
Ave K and 32<sup>nd</sup> Street West

### Monday

7am **Wake Up To Reality**  
O/P/NS/WC 38130 6<sup>th</sup> Street East, Palmdale  
(N of Ave R on 6<sup>th</sup> St. East)

9am **Just For Today**  
O/P/NS/WC St. Paul's Episcopal Church  
502 West Ave K, Lancaster

7pm **Wheel Of Recovery**  
O/T/NS Church of Christ  
1655 E Lancaster Blvd., Lancaster

7pm **Palmdale Recovery Hall**  
O/P/NS/WC 38130 6<sup>th</sup> Street East, Palmdale

### Tuesday

7am **Wake Up To Reality**  
O/P/NS/WC 38130 6<sup>th</sup> Street East, Palmdale  
(N of Ave R on 6<sup>th</sup> St. East)

9am **Just For Today**  
O/P/NS/WC St. Paul's Episcopal Church  
502 West Ave K, Lancaster

12 noon **Tuesday Noon Meeting**  
O/P/NS/WC St. Paul's Episcopal Church  
502 West Ave K, Lancaster

7pm **Extra Mile – Lake Hughes**  
O/P/NS The Rock Inn  
17539 Elizabeth Lake Road,  
Lake Hughes

7pm **Quest For Serenity**  
C/T/NS Church of Christ  
WC/NC 1655 East Lancaster Blvd., Lancaster  
*ONE HOUR*

7pm **Quartz Hill Surrender Group**  
O/P/NS/WC 41843 50<sup>th</sup> Street West,  
Quartz Hill

7pm **Palmdale Recovery Hall**  
O/P/NS/WC 38130 6<sup>th</sup> Street East, Palmdale

7:30pm **The Lie Is Dead**  
O/P/NS/WC St. Paul's Episcopal Church  
502 West Ave K, Lancaster

### Wednesday

7am **Wake Up To Reality**  
O/P/NS/WC 38130 6<sup>th</sup> Street East, Palmdale  
(N of Ave R on 6<sup>th</sup> St. East)

9am **Just For Today**  
O/P/NS/WC St. Paul's Episcopal Church  
502 West Ave K, Lancaster

6pm **Westside Just for Today**  
O/P/NS/WC 1030 West Ave L-8, Lancaster  
*ONE HOUR*

7:30 **Life On Life's Terms**  
O/P/NS/WC 17134 East Avenue O #104  
Lake Los Angeles

7:30pm **Recovery By Choice**  
O/L/NS/WC St. Paul's Episcopal Church  
502 West Ave K, Lancaster

7:30pm **Kickin' It With The Fellas**  
M/P/NS/WC 38130 6<sup>th</sup> Street East, Palmdale

7:30pm **Mid-Week Retreat**  
O/B/NS/WC St. Stephens Church  
1737 East Ave R, Palmdale

### Thursday

7am **Wake Up To Reality**  
O/P/NS/WC 38130 6<sup>th</sup> Street East, Palmdale  
(N of Ave R on 6<sup>th</sup> St. East)

9am **Just For Today**  
O/P/NS/WC St. Paul's Episcopal Church  
502 West Ave K, Lancaster

12 noon **Back To Basics**  
O/P/NS/WC St. Paul's Episcopal Church  
502 West Ave K, Lancaster

7pm **Quartz Hill Surrender Group**  
O/P/NS/WC 41843 50<sup>th</sup> Street West,  
Quartz Hill

7pm **Above The Bar Book Study**  
O/P/B/NS The Rock Inn  
17539 Elizabeth Lake Road,  
Lake Hughes

7:30pm **Seriously Seeking Recovery**  
C/D/NS/WC Church of Christ  
1655 E Lancaster Blvd., Lancaster

7pm **Palmdale Recovery Hall**  
O/P/NS/WC 38130 6<sup>th</sup> Street East, Palmdale  
(N of Ave R on 6<sup>th</sup> St. East)

### Friday

7am **Wake Up To Reality**  
O/P/NS/WC 38130 6<sup>th</sup> Street East, Palmdale  
(N of Ave R on 6<sup>th</sup> St. East)

9am **Just For Today**  
O/P/NS/WC St. Paul's Episcopal Church  
502 West Ave K, Lancaster

11:30am **Mid-Day No Problem**  
O/P/NS/WC St. Stephens Church  
1737 East Ave R, Palmdale

6pm **NA Payday**  
O/P/NS/WC St. Paul's Episcopal Church  
502 West Ave K, Lancaster

7pm **Palmdale Recovery Hall**  
O/NS/WC/NC 38130 6<sup>th</sup> Street East, Palmdale  
Last Friday SP (N of Ave R on 6<sup>th</sup> St. East)

8pm **Friday Night Speaker Meeting**  
O/SP/NS/WC (Temporary Location)  
St. Paul's Episcopal Church  
502 West Ave K, Lancaster

### Saturday

7am **Wake Up To Reality**  
O/P/NS/WC 38130 6<sup>th</sup> Street East, Palmdale  
(N of Ave R on 6<sup>th</sup> St. East)

9am **Just For Today**  
O/P/NS/WC Alano Club  
*ONE HOUR* 104 East Avenue K-4, Suite J,  
Lancaster

10am **It All Fits In The Cooker**  
M/C/S 44429 Hanstead Ave, Lancaster

**More on the back...**

10am **Saturday Morning Women's Retreat**  
W/C/NS/WC St. Paul's Episcopal Church  
LAST SAT: 502 West Ave K, Lancaster  
POTLUCK

4pm **Women's Meeting**  
W/P/NS/WC 38130 6th Street East, Palmdale  
(N of Ave R on 6th St. East)

6pm **Recovery By The Book**  
B/P/NS 31830 6th Street East, Palmdale  
WC/NC

7pm **Wolf Ranch Meeting**  
O/P/T/NS/NP Shadowland Foundation  
18832 Pine Canyon Road  
Lake Hughes  
**ABSOLUTELY NO PETS OR SERVICE ANIMALS ANYWHERE ON THE PROPERTY**

8pm **Straight From The Heart**  
O/P/NS/L St. Stephens Church  
1737 East Ave R, Palmdale

**Meeting Codes**

SP – Speaker ST – Step Study  
B – Book Study P – Participation  
T – Topic M – Men's Stag  
W – Women's Stag Y – Youth/Teen Stag  
NS – No Smoking  
O – Open (anyone may attend)  
C – Closed (addicts only)  
G/L – Gay/Lesbian  
WC – Wheelchair Access  
NP – No Pets NC – No Children  
L – Literature B – Business Meeting  
E – Candlelight SS – Spanish

**A Special Reminder...**

We love your pets but unless they are registered and identified as service animals then you cannot bring them to most meetings, particularly at church locations.

**AREA SERVICE COMMITTEES AREA MEETING**

1st Sunday of Each Month  
(Except Holidays) 2:00 pm  
Meets @ Alano Club  
104 East Ave K-4, Suite J, Lancaster  
Chair: Tim L 661.839.4521  
Vice-chair: Pauline K 661.718.6416  
Secretary: Amanda B 661.886.5171

**H&I COMMITTEE**

4th Thursday of each month  
7:00 pm, Tarzana Treatment Center  
44447 10th St. West, Lancaster  
Chair: Diana K 661.429.8243

**ACTIVITIES COMMITTEE**

Chair: Lori B 661.233.4907  
Call for information

**PUBLIC RELATIONS**

3rd Saturday of the month at 5:30pm  
St. Paul's Episcopal Church  
502 West Ave K, Lancaster  
Phone Lines: Paul 661.236.2380  
Website and Directory: Natalie  
661.524.3485  
www.sava-na.org

**CONVENTION COMMITTEE**

Linda H 661.674.0560

**RCM**

Chair: Mohawk Joe 661.234.0554  
Alternate: Patricia P 661.946.2959

**LITRATURE ORDERS**

Ruben 661.794.3246  
(for texting your order)

**USE THE PHONE NOT DRUGS**

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**If you have received this phone list...**

We are welcoming you to our meeting and encouraging you to call if you have a question about the NA program or just need someone to listen. The person you call may not be able to answer your call right away, give you a ride to a meeting, or answer every question perfectly. We are addicts who help each other while we help ourselves to stay in recovery by sharing the message of Narcotics Anonymous.

**Southern Antelope Valley Area**

**NARCOTICS ANONYMOUS**  
**September/October**  
**2017**



**S.A.V.A.N.A.**  
**P.O. BOX 5856**  
**Lancaster, CA. 93539**  
**24 hour Helpline**  
**(661) 266-2200**

[www.sava-na.org](http://www.sava-na.org)

**Southern California Regional Helpline:**  
1-800-TODAY NA  
**Regional Spanish Helpline:**  
1-888-622-4672  
World Service Office  
P.O. Box 9999  
Van Nuys, CA. 91409  
(818) 773-9999